

Dolphin News

Issue #5, July 4, 2009
MMD Dolphin Newsletter

Don't Forget to sign up for the Summer Fun Meet

You don't have to be doing summer swim to participate in this meet, all the sign up info. is on page 2. Take a look, check off some swims, bring in events with a \$5 check payable to Mid-Maine Dolphins by this Friday, July 10th, and join the fun. The meet will be held rain or shine! (In case of rain, we'll be indoors). Give meet entries to Tess or Tanya.

Maybe interested in being an Official?

Come shadow an MMD official at the Summer Fun meet and see if you like it! If you do, we'll be holding official's training in September. You can come to a clinic then take an open book test at home and join the ranks. Talk to Tess if you are interested in shadowing.

July Dates to Remember

July 18: Y Summer Fun Meet

July 23-26: USA Champs,

Canada

Concession Needs

SOS: We'll be running a small concession stand for the Summer Fun meet, July 18th. Drinks, snacks and a few assorted sweeties. We'll make it simple and easy to transport from outside-to-inside if need be. Please look on the bulletin board starting this Tuesday, July 7th, for the concessions sign up sheet and note what you can bring in to help out the Dolphins.

SPLASH BASH

September 12th

Mark the date on your calendar. MMD will be having try-outs for new swimmers. If you swam for the first time this summer, if you have a friend in the community that may want to join the team, anyone new to team swimming, come tryout and get a placement. There will be snacks and drinks and Splash Bash items to give away. More info. on the Splash Bash in next month's newsletter. **We need 4 reliable, focused Sr. swimmers to help with swimmer evaluations during the Splash Bash. If you are interested, talk to Coach David.**

The New Fins are in. 10 sm., 20 med., 10 lge. Speedo training fins are in the new MMD cage locker on deck for Dolphin use. Enjoy!



Swim Camp

July 13-17th, 9-3pm \$150

Sign in this week so the coaches can see how many swimmers to expect. *It will be a great way to get you ready for the summer fun meet on Saturday the 18th!*

Classifieds

In addition to coaches, timers, set-up/clean-up crews & concession volunteers, there are 61 posts needed to be filled to run the Dolphins' each year.

We've now filled 55 of them!

We'd like to have an additional (*minimum of*) three persons to train as officials. We're setting up level I & II clinics for Sept. (More info in the August newsletter). And we need L.D. & Bronze photographers, which we'll fill in the fall after swim placements. Right now we're looking for a

Sponsorship Co-Coordinator.

Scott Greeley has graciously offered to fill one of the two co-coordinator positions, we're looking for someone to help him. You would sell business card ad space in our home meet programs as well as solicit companies to sponsor home meets. If you are interested please feel free to drop me an email for more information or catch me poolside most days.

Thank you to everyone who has written me with enthusiasm and support, and to the many who have volunteered to help. It is greatly appreciated.

Mid-Maine Dolphins' Summer Fun Meet



Where: Waterville Town Outdoor Pool

(weather permitting. In event of bad weather the meet will move indoors to the Boys & Girls Club & YMCA)

When: Sat. July 18th (9:15am warm-up, 10:00am start)

Entry Fee: \$5 per swimmer

entries should include: swimmers' names & events with a check payable to: Mid-Maine Dolphins

Submit before July 10th

Number of Events allowed: 2 indiv. events plus relays

Fun: slides will open after the meet (weather permitting)

Events:

*25 meter events are for 10 & under only

**400m and 200m freestyle are for 11 & older only

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|---|--------------------|
| 1. 100 med. relay | 9. 200 free** |
| 2. 200 med. relay | 10. 25 back* |
| 3. 400 free** | 11. 50 back |
| 4. 25 free* | 12. 25 breast* |
| 5. 50 free | 13. 50 breast |
| 6. 25 fly* | 14. 100 free |
| 7. 50 fly | 15. 100 free relay |
| 8. 100 IM | 16. 200 free relay |
| 17. 100 T-shirt relay (each team should bring 1 BIG white t-shirt for their relay teams. Each swimmer will swim one length of the pool and then pass the t-shirt to the next swimmer. Each swimmer must put on the t-shirt before they swim their length) | |

Roster of Volunteers 2009-2010

In addition to these designated positions we have a slew of parents who dedicatedly stand behind the blocks timing, wait on folks at the concession stand, help set-up and clean-up meets and fill-in whenever needed. Thank you, we couldn't do it without all of you. The below roster is listed in case you need to contact a parent volunteer in charge of a certain designated responsibility this year.

- President:** Teresa Mahns (Tess)
- Vice President:** Carrie Pregelovisk
- Treasurer:** Vicki Roy
- Assistant Treasurer:** Paul Roy
- Finance Committee:** Vicki Roy, Tess, Carrie Pregelovisk
- Registration Co-Coordinators:** Carrie Pregelovisk & Tess
- Meet & Volunteer Coordinator:** Mary Denise Ferguson
- Head Official:** Chuck Terrio
- Head Timer:** Kara Gorczyca
- Computer/Scoring Co-Coordinators:** Tanya Terrio, Denise Joy & Jen Thibert
- USA Team Representative:** Tanya Terrio
- Assistant USA Team Rep.:** Tess
- Team T-shirt Coordinator:** Carrie Pregelovisk
- Assistant Team T-shirt Coordinator:** Ronald Schultz

Bath Sprint Meet Results

I was unable to attend the Bath Sprint Meet, and LRSC hasn't posted results. But Coach Tim assured me the meet went quite well and the Dolphins can hold their heads up high! **Emily Clark** clocked strong times that proved she is ready to head to Canada for Summer Champs in two short weeks from now, while **Adrian Rivas** cut 6 seconds from his 100 free and **Arthur Conover** broke the minute in his 100 free for a new personal best. A great accomplishment.

Roster of Volunteers (continued)

- Record Board Co-Coordinators:** Carrie Pregelovisk & Tanya Terrio
 - Communications & Publicity Coordinator:** Tess
 - Meet Sales Co-Coordinators:** Theresa Secord, Carrie Pregelovisk & Denise Joy
 - Team Photography Coordinator:** Joan Adams
 - Liaison To the Coaches:** Carrie Pregelovisk
 - Website Coordinator:** Carrie Pregelovisk
 - Concessions Coordinator:** Michelle Carr
 - Assistant Concessions Coordinator:** Lisa Ericson
 - Bottle Redemption Coordinator:** Becky Clark
 - Sponsorship Co-Coordinators:** Scott Greeley & _____
 - Applebee's Coordinator:** Cris Todd
 - Aquathon Co-Coordinators:** Alyssa Corson & Lisa Clarcq
 - Psych Party Co-Coordinators:** Angela Weston, Scott Greeley, Ann Lindeman
 - Banquet Co-Coordinators:** Denise Joy & Kathy Mathieu
 - Banquet Assistant:** Jennifer Hopkins
 - Banquet Assistant:** Susan Golden
 - Banquet Assistant:** Juli Jones
 - Yearbook Coordinator:** Mitchell Cooper
 - Skowhegan Liaison:** Cris Todd
 - Team Group Photographers:**
 - Little Dolphins, Bronze 1:** _____
 - Bronze 2:** _____
 - Silver:** Michelle Carr
 - Gold:** Ronald Schultz & Becky Clark
 - Gold Plus:** Ronald Schultz & Becky Clark
 - Team Officials:**
Chuck Terrio; Andrea Fischang; Doug Fischang; Tess; Dan Mahns; Lee Anne Larsen; Paul Roy; Maya Rivas;
_____; _____; _____
- We're fortunate indeed to have great folks willing to give their time to support our children, from those that take multiple jobs to see it all gets done, to those that reliably sign up each meet to fill vacancies. And the experience that supports our swimmers is tremendous, we have cumulatively over 60 years of coaching experience, a Y&USA head official with almost 400 officiating hours, and parents that work full weeks then dedicate another bundle of hours to the team.
- Get ready Y & USA ME swimming, MMD is a force with which to be reckoned, both in the water and on the deck.*